



The Small Print

The following rules or Terms & Conditions govern the use of this site. By using the site, you agree to be bound by these Terms & Conditions, and all applicable laws and regulations governing this site. Sharon Garrett and MindZone Hypnotherapy reserves the right to change these Terms & Conditions at any time, effective immediately upon posting on the site.

Session charges

By making an appointment you fully understand your rights and that you will be charged the full price of the session. The full price of your session is to be settled at the end of your session.

No Shows and Cancellations

If you cannot make your appointment please either cancel it or reschedule it with at least 24 hours notice free of charge. If you cancel your appointment with less than 24 hours notice you will be charged a cancellation fee of NZ\$25.

If you are a 'no show' or don't turn up without a call, email or text message to inform Sharon Garrett or MindZone, you will be billed the full price of your session.

Gift Vouchers

Gift vouchers are not exchangeable for cash. Kindly advise of the gift voucher at the time of booking and ensure you bring the original with you to your session. A gift voucher is for ONE session only unless otherwise stated.

Privacy

Any information that you email to MindZone and Sharon Garrett is confidential and will not be shared or sold to anyone without your written consent. However, I do use cookies and similar technologies to enable services and functionality on my site and to understand your interaction with my business. By visiting the site, you agree to my use of such technologies for marketing and analytics. The information I receive is not passed onto any third party. If you have subscribed to our mailing list, your details will not be shared or sold on to any third parties. If you wish to be removed from the mailing list at any time, please email [Sharon Garrett](mailto:Sharon.Garrett@mindzone.co.nz) and you will be taken off the list.

Disclaimer

Please be aware that hypnosis is a therapeutic tool that can assist you in many ways. You acknowledge and understand that by using Clinical Hypnotherapy and NLP, it is not a replacement for medications or other support that you may already have in place, whether for emotional or physical wellbeing.

The hypnotic suggestions that I may make to you during a hypnotherapy session would never compromise or put you or your wellbeing in danger.

You understand that anything that you disclose within our session/s is confidential unless I consider you to be a danger to yourself or someone else and may require additional assistance.

I confirm that I will keep any records associated with you and your session/s, private and safe at all times.

If you believe that I have not acted with professionalism in the provision of my services, you have a right to submit your concerns to the New Zealand Association of Professional Hypnotherapists or the Ministry of Health.

By making an appointment, you acknowledge that you fully understand your rights, and that MindZone and Sharon Garrett will not be held accountable for anything that you may choose to do after a session. You understand that it is the role of MindZone and Sharon Garrett to support and guide you through the safe use of clinical hypnotherapy and NLP techniques for your own wellbeing. You acknowledge that you are fully responsible for your own actions to others and yourself.



